



# YIEWSLEY CORNERSTONE CENTRE

'Over 10 years of working within the community'



## Activity Programme from 1<sup>st</sup> April 2017

Colham Avenue, Yiewsley, Middlesex UB7 8HF  
01895 458310

[www.yiewsleycornerstone.co.uk](http://www.yiewsleycornerstone.co.uk)



# Do You Remember?

Group Games & Social Discussion  
Session for the over 65s



**Wednesdays 1:30pm to 3:30pm**

Join other members of your community for group games and friendly chat. The weekly session offers a welcoming place to socialise, play games and meet new people. Every week is different.

**No need to book, just pop in when you can!**

**£2 per session**

# Well Seasoned

Physical & General Wellbeing  
Session for the over 65s



**Fridays 1:30pm to 3:30pm**

Craft and exercise social group in a fun environment. The group has a diverse age and cultural membership, which makes every week different so come along and meet other members of your community.

**No need to book, just pop in when you can!**

**£2 per session**

# GET INVOLVED

Yiewsley Cornerstone Centre is still very much part of your local community and as a charity the organisation will continue to provide local services to the people.

**Why not get involved and help us to do more for the community?**

You can support the charity in many ways including raising money and volunteering for the cause!

**For more information email:**  
[info@yiewsleycornerstone.co.uk](mailto:info@yiewsleycornerstone.co.uk)

**Visit our website:**  
[www.yiewsleycornerstone.co.uk](http://www.yiewsleycornerstone.co.uk)

Further activities are provided by **Yiewsley Baptist Church** and **Yiewsley Children's Centre** to the local community.